



# High Protein Nutrition Shake

## Flavors: Chocolate and Strawberry

We combine clinical expertise with a wholesome, plant-based philosophy to nourish your best health. Our High Protein Nutrition Shake gives you the nutritional support you need for muscle health, during weight loss, or everyday enjoyment.



### Nutrition Shake Everyday Nutrition



## Nutrition Facts

Serving Size **1 Carton (325 mL)**

Amount Per Serving  
**Calories 160**

	% Daily Value*	
<b>Total Fat</b> 4 g		<b>5%</b>
Saturated Fat 1 g		<b>5%</b>
Trans Fat 0 g		
Polyunsaturated Fat 2 g		
Monounsaturated Fat 1 g		
<b>Cholesterol</b> 0 mg		<b>0%</b>
<b>Sodium</b> 280 mg		<b>12%</b>
<b>Total Carbohydrate</b> 9 g		<b>3%</b>
Dietary Fiber 6 g		<b>21%</b>
Soluble Fiber 4 g		
Insoluble Fiber 2 g		
<b>Total Sugars</b> 0 g		
Includes 0 g Added Sugars		<b>0%</b>
<b>Protein</b> 25 g		<b>50%</b>
Vitamin D 12 mcg	60%	• Calcium 390 mg 30%
Iron 4.6 mg	25%	• Potassium 940 mg 20%
Vitamin A 180 mcg	20%	• Vitamin C 35 mg 40%
Vitamin E 3 mg	20%	• Vitamin K 24 mcg 20%
Thiamin 0.24 mg	20%	• Riboflavin 0.26 mg 20%
Niacin 2.8 mg	20%	• Vitamin B6 0.3 mg 20%
Folate 80 mcg DFE (45 mcg folic acid)	20%	• Vitamin B12 1 mcg 40%
Biotin 6 mcg	20%	• Pantothenic Acid 1 mg 20%
Phosphorus 270 mg	20%	• Iodine 30 mcg 20%
Magnesium 120 mg	30%	• Zinc 4.2 mg 40%
Selenium 14 mcg	25%	• Copper 0.16 mg 20%
Manganese 1.5 mg	70%	• Chromium 6.2 mcg 20%
Molybdenum 70 mcg	160%	• Chloride 230 mg 10%
Choline 40 mg	8%	

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Ingredients

### Chocolate

Purified Water, Pea Protein\*, **Contains 2% or Less of:** Dutch Cocoa Powder (Processed with Alkali)\*, Monk Fruit Extract\*, Stevia Leaf Extract (Reb M)\*, Natural Flavor\*, Agave Inulin†, Acacia Gum\*, Oat Fiber\*, High Linoleic Sunflower Oil\*, Flaxseed Oil\*, Brown Rice Syrup Solids\*†, Locust Bean Gum\*, Rosemary Extract\*, **Spectra™ Phytonutrient Blend\*†** (Extracts and Concentrates from: Broccoli\*, Coffeeberry®, Green Tea\*, Turmeric\*, Kale\*, Broccoli Sprout\*, Acai\*, Cinnamon\*, Garlic\*, Tomato\*, Blueberry\*, Carrot\*, Beet\*, Raspberry\*, Spinach\*, Tart Cherry\*, Blackberry\*), **Vitamins and Minerals** (Calcium Carbonate, Magnesium Chloride, Dimagnesium Phosphate, Sodium Ascorbate, Choline Bitartrate, DL-Alpha-Tocopheryl Acetate, Beta Carotene, Cholecalciferol [Vitamin D3], Ferric Pyrophosphate, Niacinamide, Tricalcium Phosphate, Vitamin A Palmitate, Biotin, Calcium Pantothenate, Chromium Picolinate, Cyanocobalamin [Vitamin B12], Folic Acid, Phylloquinone, Potassium Iodide, Pyridoxine Hydrochloride, Riboflavin, Thiamine Hydrochloride), L-Cysteine, L-Carnitine, Taurine, L-Tryptophan.

\* Organic

† Adds a trivial amount of sugar

### Strawberry

Purified Water, Pea Protein\*, **Contains 2% or Less of:** Strawberry Flavor (Natural Flavor, Strawberry Puree)\*, Monk Fruit Extract\*, Stevia Leaf Extract (Reb M)\*, Natural Flavor\*, Agave Inulin†, Acacia Gum\*, Oat Fiber\*, Brown Rice Syrup Solids\*†, High Linoleic Sunflower Oil\*, Flaxseed Oil\*, Locust Bean Gum\*, Rosemary Extract\*, **Spectra™ Phytonutrient Blend\*†** (Extracts and Concentrates from: Broccoli\*, Coffeeberry®, Green Tea\*, Turmeric\*, Kale\*, Broccoli Sprout\*, Acai\*, Cinnamon\*, Garlic\*, Tomato\*, Blueberry\*, Carrot\*, Beet\*, Raspberry\*, Spinach\*, Tart Cherry\*, Blackberry\*), **Vitamins and Minerals** (Calcium Carbonate, Magnesium Chloride, Dimagnesium Phosphate, Sodium Ascorbate, Choline Bitartrate, DL-Alpha-Tocopheryl Acetate, Beta Carotene, Cholecalciferol [Vitamin D3], Ferric Pyrophosphate, Niacinamide, Tricalcium Phosphate, Vitamin A Palmitate, Biotin, Calcium Pantothenate, Chromium Picolinate, Cyanocobalamin [Vitamin B12], Folic Acid, Phylloquinone, Potassium Iodide, Pyridoxine Hydrochloride, Riboflavin, Thiamine Hydrochloride), L-Cysteine, L-Carnitine, Taurine, L-Tryptophan.

\* Organic

† Adds a trivial amount of sugar

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## Ordering Information

**Chocolate**

**Unit UPC:** 811112031468

**Case UPC:** 811112031482

**Packaging:** 12-325 mL cartons/case

**Strawberry**

**Unit UPC:** 811112031413

**Case UPC:** 811112031420

**Packaging:** 12-325 mL cartons/case

Not suitable for infants less than 1 year old.

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