



Nutrition Shake
Everyday Nutrition

Nutrition Shake

Flavors: Vanilla, Chocolate, Coffee

The delicious plant-based, organic Kate Farms Nutrition Shake is ready to be enjoyed as a meal or nutritious snack. Like everything from Kate Farms, there isn't any dairy, soy, gluten, or artificial sweeteners, flavors, colors, or preservatives—only All Good Things®.



Vanilla and Coffee

Nutrition Facts

Serving Size **1 Carton (325mL)**

Amount Per Serving

Calories 330

% Daily Value*

Total Fat 12g **15%**

Saturated Fat 5g **25%**

Trans Fat 0g

Polyunsaturated Fat 5g

Monounsaturated Fat 2g

Cholesterol 0mg **0%**

Sodium 260mg **11%**

Total Carbohydrate 38g **14%**

Dietary Fiber 6g **21%¹**

Soluble Fiber 5g

Insoluble Fiber 1g²

Total Sugars 18g³

Includes 18g Added Sugars **36%³**

Protein 16g **26%**

Vitamin D 7mcg 35% • Calcium 330mg 25%

Iron 5mg 30% • Potassium 550mg 10%

Vitamin A 480mcg 50% • Vitamin C 50mg 60%

Vitamin E 4.7mg 30% • Vitamin K 30mcg 25%

Thiamin 0.7mg 60% • Riboflavin 0.6mg 45%

Niacin 4mg 25% • Vitamin B6 0.7mg 40%

Folate 120mcg DFE 30% • Vitamin B12 2.1mcg 90%

Biotin 20mcg 70% • Pantothenic Acid 4mg 80%

Phosphorus 300mg 25% • Iodine 40mcg 25%

Magnesium 115mg 25% • Zinc 7mg 60%⁴

Selenium 15mcg 25% • Copper 0.3mg 35%

Manganese 0.8mg 35% • Chromium 16mcg 45%

Molybdenum 35mcg 80% • Chloride 330mg 15%

Choline 150mg 25%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Vanilla

Purified Water, Pea Protein*, Agave Syrup*, Brown Rice Syrup Solids*, Agave Inulin*, **Contains 1.5% or Less of:** Vanilla Extract*, Natural Flavor*, High Linoleic Sunflower Oil*, Medium Chain Triglycerides (MCT from Coconut)*, Flaxseed Oil*, Pea Starch*, Locust Bean Gum*, Rosemary Extract*, Sunflower Lecithin*, **Spectra™ Phytonutrient Blend*** (Extracts and Concentrates from: Broccoli*, CoffeeBerry®, Green Tea*, Turmeric*, Kale*, Broccoli Sprout*, Acai*, Cinnamon*, Garlic*, Tomato*, Blueberry*, Carrot*, Beet*, Raspberry*, Spinach*, Tart Cherry*, Blackberry*), **Vitamins and Minerals** (Tricalcium Phosphate, Choline Bitartrate, Dimagnesium Phosphate, Magnesium Chloride, Sodium Chloride, Sodium Ascorbate, Dipotassium Phosphate, Calcium Carbonate, Potassium Chloride, Beta Carotene, DL-Alpha-Tocopheryl Acetate, Ferric Pyrophosphate, Sodium Molybdate, Zinc Oxide, Biotin, Calcium Pantothenate, Cholecalciferol [Vitamin D3], Folic Acid, Niacinamide, Pyridoxine Hydrochloride, Riboflavin, Thiamine Hydrochloride, Vitamin A Palmitate, Chromium Picolinate, Copper Sulfate, Manganese Sulfate, Sodium Selenite, Cyanocobalamin [Vitamin B12], Phylloquinone, Potassium Iodide).

*Organic

Chocolate

Purified Water, Agave Syrup*, Pea Protein*, Brown Rice Syrup Solids*, Agave Inulin*, **Contains 1.5% or Less of:** Dutch Cocoa Powder (Processed with Alkali)*, Natural Flavor*, High Linoleic Sunflower Oil*, Medium Chain Triglycerides (MCT from Coconut)*, Flaxseed Oil*, Pea Starch*, Locust Bean Gum*, Sunflower Lecithin*, Rosemary Extract*, **Spectra™ Phytonutrient Blend*** (Extracts and Concentrates from: Broccoli*, CoffeeBerry®, Green Tea*, Turmeric*, Kale*, Broccoli Sprout*, Acai*, Cinnamon*, Garlic*, Tomato*, Blueberry*, Carrot*, Beet*, Raspberry*, Spinach*, Tart Cherry*, Blackberry*), **Vitamins and Minerals** (Tricalcium Phosphate, Choline Bitartrate, Dimagnesium Phosphate, Magnesium Chloride, Sodium Chloride, Sodium Ascorbate, Dipotassium Phosphate, Calcium Carbonate, Potassium Chloride, Beta Carotene, DL-Alpha-Tocopheryl Acetate, Ferric Pyrophosphate, Sodium Molybdate, Zinc Oxide, Biotin, Calcium Pantothenate, Cholecalciferol [Vitamin D3], Folic Acid, Niacinamide, Pyridoxine Hydrochloride, Riboflavin, Thiamine Hydrochloride, Vitamin A Palmitate, Chromium Picolinate, Copper Sulfate, Manganese Sulfate, Sodium Selenite, Cyanocobalamin [Vitamin B12], Phylloquinone, Potassium Iodide).

*Organic

Coffee

Purified Water, Pea Protein*, Agave Syrup*, Brown Rice Syrup Solids*, Agave Inulin*, **Contains 1.5% or Less of:** Coffee Flavor (Coffee Extract, Coffee, Natural Flavor)*, High Linoleic Sunflower Oil*, Medium Chain Triglycerides (MCT from Coconut)*, Flaxseed Oil*, Locust Bean Gum*, Pea Starch*, Rosemary Extract*, Sunflower Lecithin*, **Spectra™ Phytonutrient Blend*** (Extracts and Concentrates from: Broccoli*, CoffeeBerry®, Green Tea*, Turmeric*, Kale*, Broccoli Sprout*, Acai*, Cinnamon*, Garlic*, Tomato*, Blueberry*, Carrot*, Beet*, Raspberry*, Spinach*, Tart Cherry*, Blackberry*), **Vitamins and Minerals** (Tricalcium Phosphate, Choline Bitartrate, Dimagnesium Phosphate, Magnesium Chloride, Sodium Chloride, Sodium Ascorbate, Dipotassium Phosphate, Calcium Carbonate, Potassium Chloride, Beta Carotene, DL-Alpha-Tocopheryl Acetate, Ferric Pyrophosphate, Sodium Molybdate, Zinc Oxide, Biotin, Calcium Pantothenate, Cholecalciferol [Vitamin D3], Folic Acid, Niacinamide, Pyridoxine Hydrochloride, Riboflavin, Thiamine Hydrochloride, Vitamin A Palmitate, Chromium Picolinate, Copper Sulfate, Manganese Sulfate, Sodium Selenite, Cyanocobalamin [Vitamin B12], Phylloquinone, Potassium Iodide).

*Organic

Ordering Information

Vanilla

Unit UPC: 811112030584
Case UPC: 811112030591
Packaging: 12-325 mL cartons/case

Chocolate

Unit UPC: 811112030607
Case UPC: 811112030614
Packaging: 12-325 mL cartons/case

Coffee

Unit UPC: 811112030621
Case UPC: 811112030638
Packaging: 12-325 mL cartons/case

Kate Farms, Inc.

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- 1 Chocolate 7g/25%
- 2 Chocolate 2g
- 3 Chocolate 20g/40%
- 4 Chocolate 6.5mg/60%

Not suitable for infants less than 1 year old. • Patent Pending

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