

# Donning and Doffing

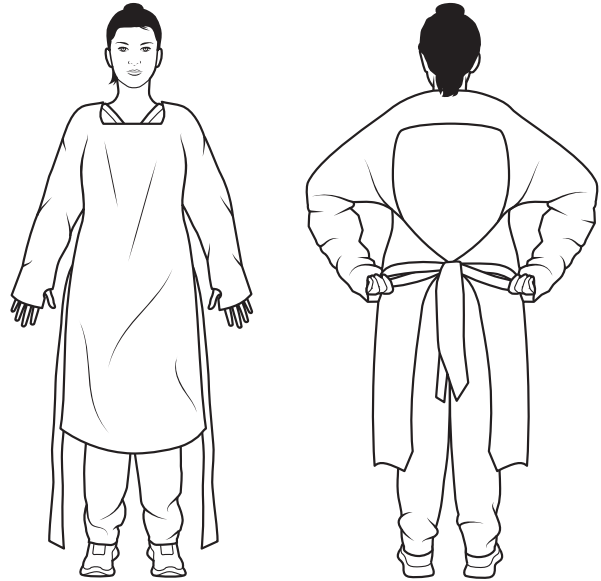
Over-the-head disposable gowns.



## Donning

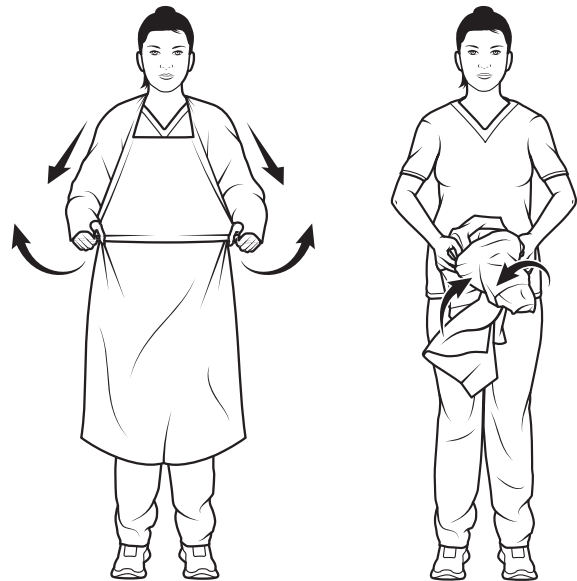
- Shake out the gown to easily access the arm and head openings.
- Place your arms in the sleeves and hands through the wrist openings.
- Pull the gown over your head.
- Tie the gown at the back at the waist or hip to ensure the gown is properly secured.

**Note:** If donning a full-back gown, ensure your back is completely covered.



## Doffing

- To remove the gown, grip it at each hip and pull up and out, breaking the gown away from your back.
- Continue rolling the gown down and away from the body, avoiding contact with the soiled gown.
- As you reach the wrists, simultaneously remove your gloves and roll them into the gown as one entity.
- Discard in the trash or biohazard bin as appropriate.



**Scan here** to view instructional video.

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