

# Prone Pressure Injury Prevention Product Guide



The National Pressure Injury Advisory Panel (NPIAP) recommends these steps to reduce the risk of injury during repositioning.

## Preparation

- Assess patient's risk factors for pressure injury development
- Gather necessary equipment
- Secure catheters, drains, tubes, and IV lines
- Apply Optifoam Gentle Thin or OptiView under medical devices, avoid using multiple layers

## Prior to prone positioning

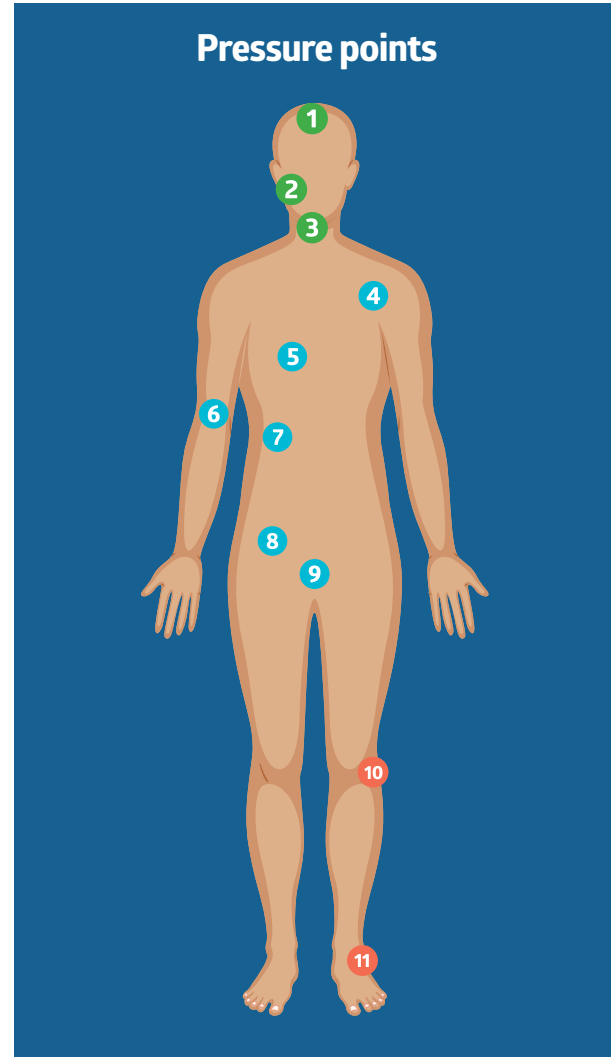
- Perform a skin assessment and document findings
- Ensure skin is clean and dry prior to application of preventative Optifoam Gentle dressings or OptiView dressings
- Place ECG leads on patient's back per hospital protocol
- Apply Optifoam Gentle silicone foam dressings or OptiView clear HydroCore dressings to pressure points
  - Head—forehead, cheeks, nose, chin
  - Torso—clavicles, elbows, chest, ribs, genitalia, anterior pelvic bones (iliac crests)
  - Legs—knees, dorsal feet, toes
- Document prevention measures for utilization
- Assess skin under preventative dressings at least once per shift
- Change preventative dressings every 3 days and PRN
- Consult wound care

## Returning to supine positioning

- Apply Optifoam Gentle Sacral or OptiView clear HydroCore Sacral prior to returning to supine position
- Remove anterior preventative dressings if not needed
- Apply Optifoam Gentle Heel dressing and/or heel suspension device as needed





## Product recommendations

- Consider these products as part of your pressure injury prevention program



- |            |               |                         |
|------------|---------------|-------------------------|
| 1 Forehead | 5 Chest       | 9 Genitalia             |
| 2 Cheeks   | 6 Elbow       | 10 Knees                |
| 3 Chin     | 7 Ribs        | 11 Dorsal feet and toes |
| 4 Clavicle | 8 Iliac crest |                         |

Any area under/around medical devices is also a pressure point.

Head and face ●	Torso and arms ●	Knees, dorsal feet & toes ●
<p><b>Marathon and SurePrep</b></p> <p>Apply liquid skin protectants/sealants on the face (forehead, chin, cheeks, nose)</p> 	<p><b>Optifoam Gentle Lite (Bordered and Non-bordered), Optifoam Thin</b></p> <p>Place prophylactic dressings on pressure points on the face and under medical devices</p> 	<p><b>Optifoam Gentle EX (Bordered and Non-bordered), OptiView Multisite</b></p> <p>Place prophylactic dressings on pressure points (clavicles, chest, ribs, iliac crest and genitalia)</p> 
		<p><b>Optifoam Gentle EX (Bordered and Non-bordered), OptiView Multisite</b></p> <p>Apply prophylactic dressings to pressure points (knees/patella, dorsal feet and toes)</p> 

# Product ordering information

Tools to help reduce skin breakdown and pressure injuries when proning

## Marathon ●

Item No.	Description	Pkg.
MSC093001	Marathon Liquid Skin Protectant	5/bx
MSC093005	Marathon Liquid Skin Protectant	10/bx
MSC093001XL	Marathon Liquid Skin Protectant XL	5/bx
MSC093001XLH	Marathon Liquid Skin Protectant XL	1 ea

## SurePrep ●

Item No.	Description	Pkg.
MSC1505	Skin Protectant Wipe	500/cs
MSC1506	Skin Protectant Foam Wipe	500/cs
MSC1510	1.0 mL Skin Protectant Wand	125/cs
MSC 1513	3.0 mL Skin Protectant Wand	100/cs

## Optifoam Thin ●

Item No.	Description	Pkg.
MSC1523EP	Optifoam Thin, 2" x 3"	100/cs
MSC1544EP	Optifoam Thin, 4" x 4"	100/cs

## Optifoam Gentle Lite Non-Bordered ●

Item No.	Description	Pkg.
MSC2944NB	Optifoam Gentle Lite, Non-Bordered, 4" x 4"	100/cs
MSC2966NB	Optifoam Gentle Lite, Non-Bordered, 6" x 6"	100/cs

## OptiView Multisite and Sacral ●

Item No.	Description	Pkg.
MSCOVM6EP	OptiView Clear Dressing, Multisite, 6" x 6"	50/cs
MSCOV77EP	OptiView Clear Dressing, Sacrum, 7" x 7"	40/cs
MSCOV99EP	OptiView Clear Dressing, Sacrum, 9" x 9"	25/cs

## Optifoam Gentle Lite Bordered ●

Item No.	Description	Pkg.
MSC28162B	Optifoam Gentle Lite, Bordered, 1.6" x 2"	100/cs
MSC2833B	Optifoam Gentle Lite, Bordered, 3" x 3"	100/cs
MSC2844B	Optifoam Gentle Lite, Bordered, 4" x 4"	100/cs
MSC2866B	Optifoam Gentle Lite, Bordered, 6" x 6"	100/cs

## Optifoam Gentle Non-Bordered ●●

Item No.	Description	Pkg.
MSC2244EP	Optifoam Gentle Non-Bordered, 4" x 4"	100/cs
MSC2266EP	Optifoam Gentle Non-Bordered, 6" x 6"	100/cs
MSC2288EP	Optifoam Gentle Non-Bordered, 8" x 8"	100/cs

## Optifoam Gentle EX ●●

Item No.	Description	Pkg.
MSCEX33EP	Optifoam Gentle EX, 3" x 3"	10/bx, 100/cs
MSCEX44EP	Optifoam Gentle EX, 4" x 4"	10/bx, 100/cs
MSCEX55EP	Optifoam Gentle EX, 5" x 5"	10/bx, 100/cs
MSCEX66EP	Optifoam Gentle EX, 6" x 6"	10/bx, 100/cs
MSCEX77EP	Optifoam Gentle EX, Sacrum, 7" x 7"	5/bx, 40/cs
MSCEX99EP	Optifoam Gentle EX, Sacrum, 9" x 9"	5/bx, 25/cs

## Optifoam Gentle Heel ●

Item No.	Description	Pkg.
MSC1200B	Optifoam Gentle Heel, 9" x 9"	50/cs

Make **skin health** second nature™

Contact your Medline Skin Health Representative to discuss the right supplies to help reduce the likelihood of skin breakdown and pressure injuries.