

Intertriginous Dermatitis (ITD)

Inflammatory condition of the skin caused by friction and moisture trapped between opposing skin surfaces

Causes*

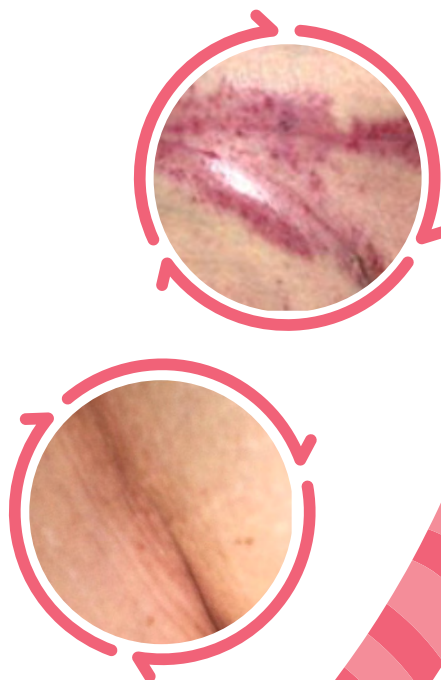
- Over-hydration of the skin caused when moisture from sweat or incomplete drying gets trapped between skin folds
- Increased friction between opposing skin folds
- The overhydrated stratum corneum drags, rather than glides, over opposing skin surfaces

Clinical presentation

- Mild to severe erythema
- Inflammation
- Mirrored areas of skin erosion
- Linear fissure formation
- Itching, burning

Interventions

- Gently cleanse and thoroughly dry skin between folds
- Minimize friction between skin folds by gently separating them
- Use moisture-wicking fabrics or other products that trap moisture away from the skin and allow for skin folds to separate from each other



**Skin
Health**

Recommended system of products



Cleanser

- Gentle, pH-balanced cleanser that helps maintain skin's acid mantle and moisture on the skin
- Cleanse affected area, and then gently wipe clean with a damp cloth

Remedy Phytoplex No-Rinse Spray

Remedy Phytoplex No-Rinse Foam

Remedy Intensive Skin Therapy No-Rinse Foam

Remedy No-Rinse Foam

Remedy Essentials No-Rinse Spray



Skin barrier cream

- Acts as a barrier to seal out irritants and excess moisture
- Apply a thin layer to intact skin; should appear clear once gently rubbed in
- For use, skin must be intact and free of any fungal rash

Remedy Phytoplex Hydraguard

Remedy Intensive Skin Therapy Hydraguard-D

Remedy Essentials Barrier Ointment

Remedy Essentials Inzo Barrier Cream



Wicking cloths

- Soft fabric that wicks moisture away from the skin flap to keep the skinfold dry; contains encapsulated slow-release hydrogen peroxide to help reduce odor and bacteria in the fabric
- Cut to size and place between skin folds for up to 5 days; use a skin friendly tape when placing under armpits or between thighs

Dri-Go HP Intensive Skin Therapy Barriers



Antifungal powder

- Contains 2% miconazole nitrate to help treat common fungal infections
- Ensure the skin is clean and dry. Apply a thin layer of the powder in the skin fold twice a day (morning and night) or as directed by a physician.

Remedy Phytoplex Antifungal Powder

* Data on file

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