

# MCKESSON

## Quick Adjust Aluminum Crutches

### ADJUSTABLE

Weight Capacity: 350 lbs (159 kg).

For use with MFR #'s 146-10430-8 and 146-10432-8.

#### adult

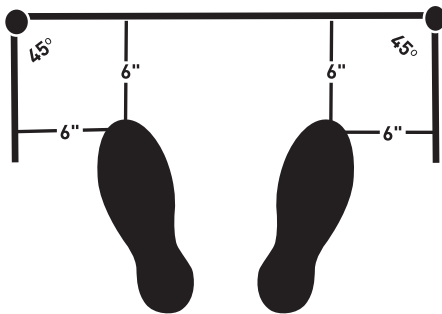
Patient Height  
5 ft 2 in–5 ft 10 in

#### tall adult

Patient Height  
5 ft 10 in–6 ft 6 in

### FOR MAXIMUM FIT AND ASSEMBLY:

1. Height: Adjust height by pressing both push-buttons, rotating foot-piece, and pulling down until desired patient height is obtained. To help in doing this, the foot-piece has a circular ring marked to indicate location of push-button. Rotate foot-piece again until both push buttons snap back into place.
2. Handgrip: Adjust handgrip to fit an approximate 10° bend at patient elbow.
3. Safety Check: With crutches positioned per diagram below, confirm patient can lean forward comfortably while resting on the underarm supports. Patient should not have to stand uncomfortably erect. Ensure both push-buttons are firmly in place and handgrip nuts are tightened securely.



**CAUTION:** Use after proper training under the direction of your doctor or physical therapist. Replace crutch tips if worn. Keep hand grip wing nut tightened. Use extra caution on wet and slippery surfaces.

Not made with natural rubber latex.

Technical support, replacement parts and warranty information? Call 1-866-694-5085

General product questions? Call 1-800-777-4908

### Satisfaction Guaranteed

For complete details, please visit  
[mms.mckesson.com/mckesson-brands](https://mms.mckesson.com/mckesson-brands).

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