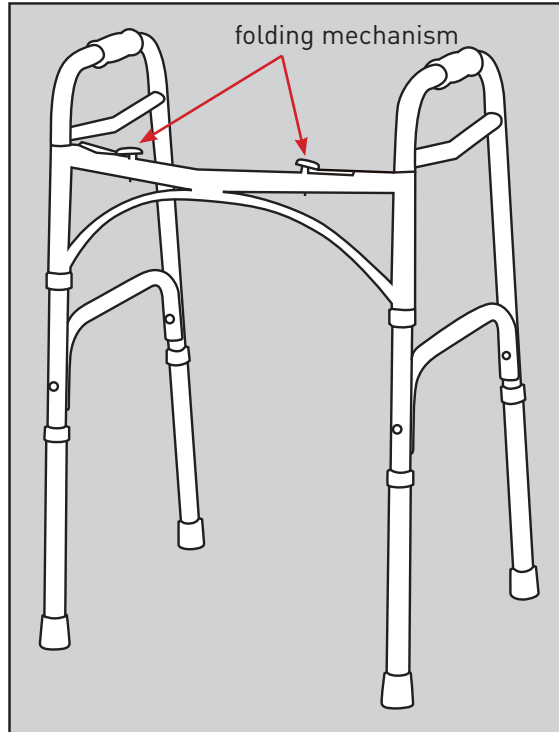


# MOBILITY

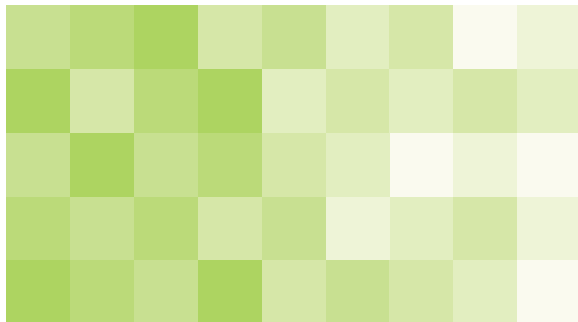
## WALKER INSTRUCTIONS



**MCKESSON**

### Folding Walker adult | without wheels

INSTRUCTIONS FOR USE



HEIGHT  
**32-39 in**  
[81-99 cm]

POWERED BY  
**drive**

MFR # **146-10200-4**

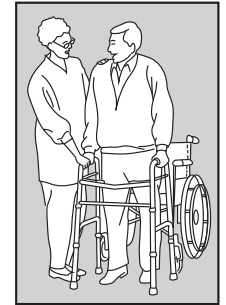
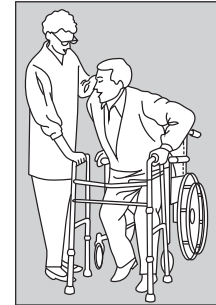
MFR # 146-10200-4 shown

For use with all Two Button Folding Walkers.

WEIGHT CAPACITY: 350 LBS (158 KG).

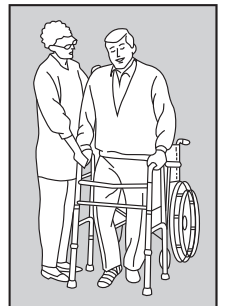
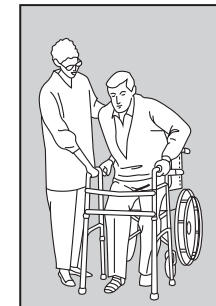
## WHEELCHAIR TO WALKER TRANSFER

Making certain wheels on the wheelchair are locked, lift your body by pushing down on the armrests and carefully transfer one hand at a time to the walker.



## WHEELCHAIR TO WALKER TRANSFER (with lower extremity injury to right leg or foot)

Making certain wheels on the wheelchair are locked, lift your body by pushing down on the armrests and carefully transferring first the left hand, then the right hand to the walker. (If injury to left leg or foot transfer the right hand first, followed by left.)



## THREE-POINT GAIT (for walking with walker)

### Step 1

Align the middle of your foot with the back legs of the walker.



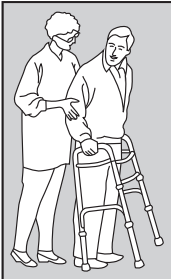
### Step 2

Lift the walker up and place it comfortably in front of you, making sure all four legs end up on the floor.



### Step 3

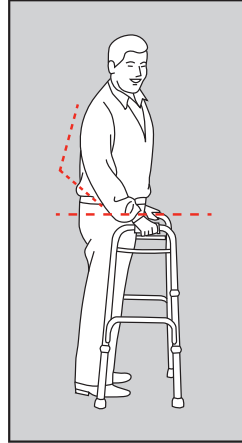
Carefully, walk forward one step at a time.



## CUSTOM WALKER ADJUSTMENTS

With your arm extended down, handle should be at wrist height.

With your hand placed on the hand-grip, your elbow should be flexed 20° - 30°.



### CAUTION:

Be aware of the following:

- Electrical cords in way
- Liquids on floor
- Throw rugs
- Toys or debris
- Furniture
- Doors and door steps
- Gaps in floor

### WARNING:

1. Use wheels on front legs only or on all four legs with appropriate rear wheel brakes.
2. Do not push one side of the walker ahead and then other side without lifting the walker first.
3. Use McKesson accessories only. Use of other manufacturers' accessories can result in improper fit and risk fall and/or injury.
4. Do not use on stairs or escalators.

McKesson carries a comprehensive selection of durable medical equipment products for bath safety, mobility and aids to daily living, including wheelchairs, canes, bath benches, and more. Choose McKesson for quality, selection, and value.



**WARNING:** This product can expose you to bisphenol A (BPA), which is known to the State of California to cause birth defects or other reproductive harm. For more information, go to [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov).

Technical support, replacement parts and warranty information? Call 1-866-694-5085  
General product questions? Call 1-800-777-4908

### Satisfaction Guaranteed

For complete details, please visit  
[mms.mckesson.com/mckesson-brands](http://mms.mckesson.com/mckesson-brands).

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