

3 Key Mechanisms of Action of Manuka Honey

1. Moisture Attraction (Osmotic Effect)

Draws fluid from deeper tissues to the wound surface.
Keeps the wound bed moist, promoting healing.

2. Autolytic Debridement

Natural enzymes in honey help break down dead tissue.
Supports the body's own cleaning process without harming healthy tissue.

3. Antimicrobial Activity

High sugar content, low pH, and methylglyoxal (MGO) work against bacterial growth.
Effective against antibiotic-resistant strains like MRSA.



Alternative Wound Dressings Which Have Similar Actions

Function	Alternative Products	McKesson Brand
Increase Moisture	Hydrocolloids	Hydrocolloid 882982
	Hydrogel	Hydrogel 949423
	Occlusive Dressing	Transparent Film Dressing 886409
Autolytic Debridement	Occlusive Dressings	Transparent Film Dressing 886409 Hydrocolloid 882982
	Enzymatic Debriders	Santyl® (Smith & Nephew) 1029700
	Hydrogel Impregnated Gauze	Hydrogel Impregnated Gauze 488936
	Hydrogel	Hydrogel 949423
Antimicrobial	Silver Dressings	Silver Gelling Fiber 1162306 Silver Wound Gel 1241462
	Iodine Dressings	Iodoform Packing Gauze 470440
	PHMB Dressings	PHMB Foam 1138632



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